

Helping Hands

2025

Resource Guide

**for the Mature
Market in the
Chippewa Valley**

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Located in the vibrant Chippewa Valley region, this community boasts scenic landscapes and a tranquil atmosphere. Our residents and their families care about convenience, comfort, and high-quality care. With only 75 units and high staff-to-resident ratios, Caretta fosters meaningful relationships, creates engaging experiences, and provides exceptional care.



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- Building Amenities
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- Care Options

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www.dhs.wisconsin.gov/adrc/

www.mychoicewi.org/hh
800-963-0035 TTY 711



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715-832-3428 | stokesprockandmundt.com

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715-834-6411 | cremationsociety-wi.com



535 South Hillcrest Parkway - Altoona, WI

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Do you need help paying for burial or cremation expenses for your loved one?

Helpful Hearts Foundation was created by Randy Mundt, former owner of Stokes, Prock & Mundt Funeral Chapel and Cremation Society of Wisconsin, to help low-income families who have experienced the death of a loved one, to pay for funeral expenses. While the primary purpose is to help with the loss of a child, the application process is open to anyone in financial need, for final expenses in Eau Claire and surrounding counties. We are reaching out to help our community, during their time of greatest need.

For more information on the application process, or to make a monetary donation to this 501(c)3 non-profit organization, please visit www.helpfulheartswi.org.



Helpful Hearts
Foundation

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activities

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WisconsinSeniorMedicarePatrol

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medical identity theft



SMP

Senior Medicare Patrol

Preventing Medicare Fraud

SMPs are grant-funded projects of the federal U.S. Department of Health and Human Services (HHS), U.S. Administration for Community Living (ACL).



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901 South Farwell Street
Eau Claire

For applications, contact the
Housing Authority of the City of
Eau Claire (715) 839-4943

Handicapped accessible apartments available.



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Questions:
seniorreviewnewspapers@gmail.com
715-831-0325

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Independent Senior Living

**** Chippewa County**

	Subsidized	Public or Private Transportation	Pets Allowed	Beauty/ Barber Shop	Dining Facilities	Elevator to All Floors	Storage	Entertainment	Parking/Garage	Religious Services	Laundry
Bridgewater Apartments** 715-834-3411	Yes	Public	No	No	No	No	Yes	No	Yes	No	Coin
Chippewa Manor Residential Living 715-723-4437**	No	Both	No	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes
Colony Park East 715-834-3411	Yes	Public	No	No	No	No	Yes	No	Yes	No	Hook Up
Colony Park West 715-834-3411	Yes	Public	No	No	No	No	Yes	No	Yes	No	Coin
Eastridge Estates 715-830-5252	No	Public	With Deposit	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Fall Creek Commons 715-834-3411	Yes	Public	No	No	No	No	No	No	Yes	No	Coin
Good Shepherd Senior Apartments 715-834-3587	No	Public	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
London Square Apartment 715-858-0873	No	Public	Yes	No	Yes	Yes	No	No	Yes	No	Coin
Oakwood Apartments 715-831-7800	No	Public	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Coin
Owen Rust Apartments 715-839-8602	Yes	Both	Yes	No	Yes	Yes	No	No	Yes	No	Yes
Park Tower Apartments 715-839-8602	Yes	Both	Yes	Yes	Yes	Yes	No	No	Yes	No	Yes
St. John's Apartments 715-834-6302	Yes	Public	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
St. Francis Apartments 715-834-1338	No	Public	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Coin

The Helping Hands Guide does its best to put together the most accurate information for these listings. Because business services change and prices vary throughout the year, we recommend that you call any business you are interested in getting information from before making any decisions. We tried our best to gather all of the information from each company and to the best of our ability is up-to-date as of January 2025.

Planning Your Funeral and Burial

By Becky Streeter

End of life discussions can be emotional, but necessary. One of the topics you should always discuss is funeral and burial preferences. Making arrangements in advance can save money and be emotionally relieving for the family, while also ensuring you receive exactly what you want in order to celebrate your life. Below are a few things to consider when pre-planning your funeral and burial.

- 1. Research a funeral director.** Visit and meet with the staff at the funeral home to make sure they are a good fit for you and your loved ones. A funeral director will prepare many of the documents needed at the time of death. They will obtain the appropriate signatures on any paperwork, including the death certificate, and also notify Social Security. They often act as a liaison between family members, church clergy and cemetery staff.
- 2. Determine your wishes for your funeral.** Do you want a service? Choose clergy to preside. Discuss with family members who might want to speak. If desired, select any meaningful music to be played and find musicians (perhaps in the family) to perform. Also make note if you would like donations to be made to a charity or

foundation in your memory.

- 3. Choose burial or cremation.** If you want a casket, put money down on one now or pre-pay completely. It can be as elaborate or simple as you want. If you wish to be cremated, record your wishes for your ashes—be sure to check environmental laws before asking your ashes to be spread in a certain location. You can also pre-purchase an urn if that is important to you, otherwise the family will usually be presented with your ashes in a cardboard box.
- 4. Purchase cemetery property.** Choose a cemetery with a convenient location if your loved ones plan to visit. Determine if you would like to be buried next to a spouse, or have extra plots for children and their families. Decide what kind of marker or headstone you would like—design and pre-purchase this as well, checking with the cemetery staff that any necessary accommodations can be made.
- 5. Talk with your family.** Discuss with your

family if they have any specific ideas for your funeral or burial. Keep in mind that part of these rituals is to provide comfort and a sense of closure to those you leave behind. Something might seem superfluous to you, but have immense meaning to a loved one.

Source: Kay, Jennifer L.C.S.W. "Let's Not Talk About That Now..." Today's Caregiver. <https://caregiver.com/articles/lets-not-talk-now>.



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- Meal Preparation
- Companion Care
- Respite Care for Families
- Flexible Hourly Care
- Veterans Care
- Transitional Care
- Chronic Disease Care
- Alzheimer's Care
- Dementia Care

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2715 Damon Street, Eau Claire
Rice Lake 715.234.8444
Menomonie 715.235.8335

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Caregivers Need Care Too

by Kristi Gay, freelance writer

Caregiving can be one of the biggest sacrifices of your life, depending on the length of time you're caregiving and the intensity of the help needed. I will share my story of caregiving for three months for my dad as he went through pancreatic cancer in 2020 along with caregiving for my mom ever since he passed as she grieves and navigates life alone for the first time, and my tips for caregivers based on my own experience.



My dad was only 67 years old when he was diagnosed with Stage 4 Pancreatic Cancer in 2020. My mom was 65 at the time and they had been married for 43 years and together since high school in Cornell, Wisconsin. Because of the shock and fear that both of my parents were going through trying to process this, I had to take over, taking pages of notes at every appointment and pressing doctors for more information or options. After two months of appointments and chemo, a bowel perforation landed us in the ER where we understood treatment options were over and entered hospice. Hospice is the best thing EVER (last year's entire article was dedicated to those angels on earth) but during that month of caretaking full-time while living with my parents, it was a mix of hosting guests, counseling, crying together, administering medicines, praying, massaging, serving food, and hosting more guests. It was emotionally exhausting, yet I couldn't have been more honored to be walking through it with the people I loved most.

These tips are not only from my own experience, but as a yoga teacher I was invited to the annual

Caregivers Conference several years put on by WITC in Rice Lake, WI, filled with education and pampering for the caregivers that need a refill to their own mental tanks.

1. Intentionally care for yourself once/day - go for a walk, meditate for 10 minutes, sit quietly with a coffee by a candle, take a

hot bath. Something that you think of as a "treat". I went cross-country skiing for 20 minutes a day when I was caregiving and living with my parents, with the benefit of taking turns with my mom. But if you live alone with the person, you're caregiving, ask a neighbor, family member, or friend to come over once/day for an hour so you can have a break doing something just for you.

2. Give yourself grace. You're not perfect, nor is any doctor or nurse. So if something doesn't go the way you intended, know you are doing a great job and trying your best. Know the person you're caring for is so lucky to have you.

3. Eat and drink well. There is never a time this is more important than when you're caregiving since you need to stay healthy to be able to continue. During our caregiving phase the last thing we wanted was food or water. We wanted junk food and wine. But we had enough clarity to know that we had to eat healthy and drink water to stay healthy enough. Dad needed us, there was no time to get sick!

Thank you for what you're doing for your loved one.

Directory

Eau Claire County

* Senior Centers

Augusta Senior Center
Augusta 715-286-2953
augustawi.com/
community-center

LE Phillips Senior Center
Eau Claire
715-839-4909
lephillipsseniorcenter.com

Hmong Senior Center
Eau Claire
715-514-3491



* Food Pantries/Nutrition

**Altoona United Methodist
MANNA Meals**
715-834-4923

Fairchild Food Pantry
Fairchild
715-334-3583

**Immanuel Lutheran Food
Pantry**
Eau Claire
715-832-7832

Salvation Army
Eau Claire
715-834-1224
salvationarmy.org

**Altoona Compassion
Coalition**
715-832-9953

**Fall Creek
Comm. Cupboard**
Faith Evangelical Free Church
715-877-2330

Hope Gospel Mission
Eau Claire
Ruth House (women's shelter)
2517 W. Moholt Dr.
Hope Gospel Mission (men's shelter)
2650 Mercantile Dr.

St. Francis Food Pantry
Eau Claire
715-839-7706
stfrancisfoodpantry.org

Augusta Food Pantry
Augusta
715-225-4965

Food Share -Eau Claire Co.
Human Services
715-839-2300
co.eau-claire.wi.us/DHS

**Meals on Wheels, Senior
Dining Meal Sites, Liquid
Supplement**
715-839-4886
eauclaireadrc.org

The Community Table
Eau Claire
715-835-4977

Christ Temple Food Pantry
Eau Claire
715-523-0670

Hmong Mutual Assistance
Eau Claire
715-832-8420
ecahmaa.org

Ruby's Pantry
Eau Claire
715-834-2959
goodshepherd-ec.org

Commodity Food Program
Eau Claire
715-834-1224 x6

* Home Medical Supplies

**ADRC Adaptive
Equipment Loan Program**
Eau Claire
715-839-4735
eauclaireadrc.org

Apria Health Care
Eau Claire
715-834-7517
apria.com

**Mayo Clinic Health
System**
Eau Claire
715-838-1815
mayoclinichealthsystem.org

NuMotion, LLC
Eau Claire
715-552-3711
numotion.com

All Star Mobility
Eau Claire
715-598-7511
allstarmobilityllc.com

Grace Home Respiratory
Altoona
715-832-7377
ghr-ec.com

Mobility Works
Eau Claire
715-438-4030
mobilityworks.com

Reliable Medical
Eau Claire
715-997-3280
reliamed.com

* Adult Day Care

Augusta Health & Rehab
715-286-2266
augustahealth
andrehab.com

Aurora
Eau Claire
715-831-0467
wisconsin.
auroraservices.com

Grace Adult Day Care
Altoona, 715-832-8811
graceluthfound.com

Hmong Adults Daycare Center, LLC
Eau Claire
715-514-3491

REACH Helen's House
Eau Claire
715-456-3874

Rellim Senior Day Care
Eau Claire
715-600-0746
rellimseniordaycare.com

* Transportation

A & J Mobility
Eau Claire
715-874-6630
aandjmobility.com

Abby Vans, Inc.
Neillsville
1-800-236-8438
abbyvans.com

Anytime Transport
Eau Claire
715-559-6607

Eau Claire Transit
Eau Claire
715-839-5111
eauclairewi.gov/transit

Groome Transportation
Eau Claire
715-830-9400

Handlift
Cumberland
1-800-989-7433

MTM Medicaid Assistance Covered Transportation
1-866-907-1493

New Freedom Volunteer Driver Program
Eau Claire
715-233-1070

Non-Driver ID Motor Vehicles Division
Eau Claire
1-800-924-3570
dot.wisconsin.gov

Patients' Express
Chippewa Falls
1-866-336-7915

Sure Safe Medical Transportation
715-718-2330

Triniteam Caregivers
Eau Claire
715-858-9803

Western Dairyland
Eau Claire
715-836-7511 #1151
westerndairyland.org

Willows Way Transport
Eau Claire
715-492-4599

* Decluttering/ Organizing Services

Caring Transitions
715-318-1410
caringtransitionschippewavalley.com

Cobwebs, Clutter & Companionship
Lisa Schaefer
715-831-8799

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* Home Energy Assistance/ Weatherization

Department of Human Services
Eau Claire • 715-839-2300 • co.eau-claire.wi.us

Rural Development
Menomonie • 715-232-2614 #119 • rurdev.usda.gov

Western Dairyland
Eau Claire • 715-836-7511 • westerndairyland.org

Directory

Eau Claire County

* Home Care

(Skilled Licensed Nursing Services)

Almost Family

Eau Claire 715-831-0631
almostfamily.com

Appeal to Heaven

Eau Claire, 715-379-7889
appealtoheaven.net

Aurora Community Health

Menomonie, 715-235-3707
auroraservices.com

Aveanna Healthcare

715-598-5600 | aveanna.com

Interim Healthcare

Eau Claire, 715-834-1313
interimhealthcare.com

International Quality Home Care

Eau Claire, 888-278-3405
alphaigh.com

Lily Home Health Care

Eau Claire, 715-201-2233
lilyhealthcare.org

Mayo Clinic Health System - Home Health & Hospice

Eau Claire, 715-831-0100
mayoclinichealthsystem.org

Modified Independence

715-579-7784
modifiedindependence.ec@gmail.com

Moore Genuine Care

Augusta, 715-286-2734
mooregenuinehomecare.com

* Home Care

(Supportive Non-Medical/Chore)

Almost Family

Eau Claire 715-831-0631
almostfamily.com

Aurora Community Health

Menomonie, 715-235-3707
auroraservices.com

Cornerstone Caregiving

Eau Claire 534-444-9021
cornerstonecaregiving.com

Good People

1-800-608-8003
goodpeople.us/info/home

Home Companions, LLC

Eau Claire, 715-577-0918

Home Instead Senior Care

Eau Claire, 715-941-4717

Interim Healthcare

Eau Claire, 715-834-1313
interimhealthcare.com

Kathy's Helping Hands, LLC

Altoona, 715-833-1727

Moore Genuine Care

Augusta, 715-286-2734
mooregenuinehomecare.com

Safe @ Home Senior Care

Eau Claire, 715-598-7233

Second Springs Care

Eau Claire, 715-861-3474
secondspringsllc.com

Seniors Helping Seniors

Eau Claire, 715-514-4511
seniorcareeauclaire.com

Village Caregiving

715-492-0191
villagecaregiving.com

Visiting Angels

715-598-1750
visitingangels.com/eauclaire

* Hospice Care

Gentiva Health Services - Heartland Hospice

Eau Claire, 888-436-8482
gentivahs.com

Interim Healthcare

Eau Claire, 715-834-1313
interimhealthcare.com

Lily Home & Hospice

Eau Claire, 715-201-2233
lilyhealthcare.org

Mayo Clinic Health System - Home Health & Hospice

Eau Claire, 715-831-0100
mayoclinichealthsystem.org

Moments Hospice

Eau Claire, 715-800-0910
momentshospice.com

St. Croix Hospice Care

Eau Claire, 715-598-2635
stcroixhospice.com

* Adult Family Home

Apple Valley Home

Eau Claire, 715-835-5141
AVHassistedliving.com

Dearwood Adult Family Home

Eau Claire, 715-830-0518

Genuine Care Adult Family Home

Augusta, 715-286-2248
mooregenuinehomecare.com

Sherwood Forest House of Hope

Altoona, 715-835-8701

* Assisted Living

Apple Valley Home

Eau Claire, 715-835-5141
avhassistedliving.com

Azura Memory Care

Eau Claire, 715-563-2618
azuramemory.com

BeeHive Homes, CBRF

Eau Claire, 715-874-HIVE
beehivehomes.com

Cambridge Senior Living

Eau Claire, 715-577-8418

Care Partners

Birch Street - 715-514-3709
Stonewood Drive - 715-874-5075
Briar Lane, Altoona - 715-598-7401
carepartners-countryterrace.com

Caretta Senior Living - Assisted Living

Eau Claire, 715-317-5239
caretta-seniorliving.com

Grace Edgewood, CBRF

Altoona, 715-832-5813
graceluthfound.com

Grace Prairie Pointe, CBRF

Altoona, 715-598-7800
graceluthfound.com

Grace Willowbrook, RCAC

Eau Claire, 715-835-0429
graceluthfound.com

HeatherWood, RCAC

Eau Claire, 715-552-5511
heatherwoodal.com

Heritage Assisted Living, RCAC

Eau Claire, 715-831-9118
heritagesenior.com

Milestone Assisted Living, RCAC

Eau Claire, 715-874-4250
milestonesl.com

Oak Gardens, RCAC

Altoona, 715-793-0205
oakgardensplace.com

Orchard Hills Assisted Living (Dove Healthcare)

Eau Claire, 715-552-1030
orchardhillsassistedliving.com

SilverLeaf of Augusta

Augusta, 715-286-2400
augustaareahome.com

The Classic at Hillcrest Greens

Altoona, 715-839-0200
theclassichg.com

* Memory Care

Azura Memory Care

Eau Claire, 715-563-2618
azuramemory.com

Caretta Senior Living - Memory Care

Eau Claire, 715-317-5239
caretta-seniorliving.com

Care Partners Memory Care

Birch Street - 715-514-3709
Stonewood Drive - 715-874-5075
Briar Lane, Altoona - 715-598-7401
carepartners-countryterrace.com

HeatherWood Memory Care, "The Glen"

Eau Claire, 715-552-5511
heatherwoodal.com

Heritage Court Memory Care

Eau Claire, 715-831-8200
heritagesenior.com

Lake Hallie Memory Care

Chippewa Falls, 715-738-0011
lakehalliememorycare.com

Milestone Senior Living Suites

Eau Claire, 715-874-4232
milestonesl.com

Our House Senior Living Memory Care

Eau Claire, 715-832-3970
ourhousesl.com

The Classic at Hillcrest Greens

Altoona, 715-839-0200
theclassichg.com

* Independent Living

Non-Subsidized

Briarwood Cottages

Eau Claire, 715-831-2128
briarwood-cottages.com

City View Apartments

Eau Claire, 715-835-6001
foxboroproperties.com

Congress St. Apartments

Eau Claire, 715-835-6001
foxboroproperties.com

EastRidge Estates

Altoona, 715-830-525
impactseven.org

Good Shepherd Senior Apartments

Eau Claire, 715-834-3587
goodshepherdseniorapartments.org

Heritage Apartments

Eau Claire, 715-834-6302
stjohnhousing.com

Hillside Apartments

Eau Claire, 715-835-6001
foxboroproperties.com

* Independent Living

Non-Subsidized (cont.)

London Square Apartments
Eau Claire, 715-858-0873
london@oakbrookcorp.com

Milestone Senior Living
Eau Claire, 715-874-4232
milestonesl.com

Oakwood Hills Sky Active Living
Eau Claire, 715-552-1500
sonidaseniorliving.com

Oakwood Home Apartments
Eau Claire, 715-831-7800
oakwood@oakbrookcorp.com

Real Life Cooperative
Eau Claire, 715-835-7622
realifeinc.com

St. Francis Apartments
Eau Claire, 715-834-1338

St. Paul Apartments
Augusta, 608-633-5138

The Classic at Hillcrest Greens
Altoona, 715-839-0200
theclassichg.com

The Meadows at Otter Creek
Eau Claire, 715-831-1068
firstlutheranfoundation.com

Wunderhaven
Fall Creek, 715-834-3411
landmark-company.com

* Independent Living

Subsidized

Augusta Country Apartments
Augusta, 715-514-1616

Colony Park East/West
Eau Claire, 715-834-3411
landmark-company.com

Fairchild Housing
Fairchild, 715-286-2718

Fairchild Senior Living
Fairchild, 715-839-6240
co.eau-claire.wi.us

Fall Creek Commons
Fall Creek, 715-834-3411
landmark-company.com

Golden Acres I
Altoona, 715-834-1842

Golden Acres II
Altoona, 715-834-7852

Grace Barstow Apartments
Eau Claire, 715-832-1174
graceluthfound.org

Owen Rust Apartments
Eau Claire, 715-839-8602
ci.eau-claire.wi.us/government/housing

Park Tower Apartments
Eau Claire, 715-839-8602
ci.eau-claire.wi.us/government/housing

Ruth Gullerud Villa
Eau Claire, 1-800-685-9353
impactseven.org

Solis Circle
Altoona, 715-832-4663

St. John's Apartments
Eau Claire, 715-834-6302
stjohnhousing.com

* Nursing Homes

Augusta Health & Rehab
Augusta, 715-286-2266

Dove Healthcare-West
Eau Claire, 715-552-1030
dovehealthcare.com

Dove Healthcare-South
Eau Claire, 715-552-1035
dovehealthcare.com

Grace Lutheran River Pines Skilled Nursing, Rehabilitation & Long Term Care Services
Altoona, 715-598-7800
graceluthfound.com

Oakwood Health Services
Altoona, 715-833-0400
oakwoodhealthservices.com

* Senior Housing Advisor

Assisted Living Advisors - Jenny Swanson
715-210-4066
assistedadvisors.com

* Funeral Homes / Cremation Centers (Eau Claire & Chippewa Counties)

**Chippewa Valley
Cremation Services &
Celebration of Life Center**
Altoona
715-835-3333
chippewavalleycremation.com

Cremation Society of WI
Altoona
715-834-6411
cremationsociety-wi.com

**Evergreen Funeral
Home & Crematory**
Eau Claire
715-830-5470
evergreenfuneralhome.com

Horan Funeral Home
Chippewa Falls
715-723-4404
horanfuneralhome.com

Hulke Funeral Home
Eau Claire
715-832-5002
hulkefamilyfh.com

**Johnson Monument,
LLC/Lifetime Memorials**
Chippewa Falls
715-723-5576
johnsonmonument.com

**Lenmark-Gomsrud-Linn
Funeral Home**
Eau Claire
715-832-8301/715-834-4456
lenmarkfh.com

**Olson Funeral Home and
Cremation**
Bloomer
715-568-5250
olsonfuneralhomebloomer.com

**Pederson-Volker Funeral
Chapel**
Chippewa Falls
715-723-4649
pedersonvolker.com

Smith Funeral Chapel
Eau Claire
715-832-1141
smithfuneralec.com

**Stokes Prock & Mundt
Funeral Chapel**
Altoona
715-832-3428
stokesprockandmundt.com

**Thompson Funeral
Home & Chippewa Valley
Cremation Services**
Bloomer
715-568-2310
thompsonfuneralhome.com



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715-568-2190

Colfax Pharmacy

525 MAIN ST
COLFAX WI 54730
715-962-3784

Wally Shong Pharmacy

153 W LINCOLN ST
AUGUSTA WI 54722
715-286-2515

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715-568-2211

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Covered Transportation**
1-866-907-1493

**New Freedom Transportation
Program**
715-514-4200 / 800-228-3287

Ready Ride Taxi
715-864-2409

Shared Ride Taxi Program
(City of Chippewa Falls only)
715-726-2728 / 715-723-3000

Town and Country Taxi
715-563-7272

Veterans Service – Veterans Van
715-726-7990

* Senior Centers

Bloomer Senior Civic Center
Bloomer
715-568-1888

Chippewa Falls Area Senior Center
Chippewa Falls
715-720-1666

Cornell Senior Citizens Center
104 N. 3rd, Cornell
Weekdays 1:00 pm - 5:00 pm

* Medical Equipment Loan Closet

Center for Independent Living
Menomonie
1-800-228-3287, 715-233-1070
cilww.com

Cornell Lion's Club
715-595-4275 or 715-456-8749

Department of Public Health
Chippewa Falls, 715-726-7900

Rutledge Charities, Chippewa Falls
715-723-6618

Lake Holcombe Lion's Club
715-595-4421



* Wheelchair Accessible Transportation

Abbey Van
1-800-236-8438/715-743-3364

A & J Mobility
Eau Claire
715-874-6630,
877-833-9830

**New Freedom Transportation
Program**
800-228-3287

Patients' Express
Non-Emergency
715-723-3867

Shared Ride Taxi
Chippewa Falls
715-723-3000

Tender Care Transport
715-835-2435 / 800-498-2050
tendercaretransport.com

* Food Pantries/Nutrition

4-C's Food Pantry

329 Main St, Cadott, 715-289-4941
Open Friday 2:00 - 4:00 pm

Bloomer & New Auburn Food Pantry

Serving Bloomer and New Auburn school districts
808 Jackson St, Bloomer; Leave Message: 715-568-3733
Friday 10:00 a.m. - 4:00 p.m.

Chippewa Area Food Pantry/Salvation Army

2211 S Hastings Way, Eau Claire, 715-834-1224
*Chippewa store closed but Chippewa Falls programs are being revamped to be offered at the Eau Claire location. More info to come.

Chippewa Falls YMCA Food Pantry

611 Jefferson Avenue, 715-861-3892
Mondays 9:00 - Noon; Wednesdays 3:00-6:00pm; Fridays 11:00-1:00pm. Drive up only.

Cornell Food Pantry

401 S. 2nd Avenue, Cornell; 715-202-3531
Open Tuesday 4:00 - 7:00 pm

First Presbyterian Church

130 W. Central St., Chippewa Falls, 715-723-5717
Open Mondays 1:00-3:00 and Tuesdays 10:00-Noon

Fruit of the Vine Pantry

W11581 Cty. Hwy X, Stanley, 715-203-0137
Open 1st & 3rd Tuesday, 5:00 - 6:30 p.m.; 2nd & 4th Tuesday, 10:00 am - 12:00 pm.

Holcombe Food Pantry

27841 County Hwy M, Holcombe, 715-595-4967
Open 2nd & 4th Tuesday, 2:00 - 5:00 pm

Jim Falls Community Food Pantry

13883 Cty. Hwy. S, Jim Falls
Open Mondays, 4:00 - 6:00 pm

L.E. Phillips Career Development Center

508 N Bridge St, Chippewa Falls, 715-861-5002
Mon: Appointment only; Tue-Fri 9:00am-3:30pm
Pantry & outdoor "Blessing Box"

Pantry Pals Food Pantry

Serves Lafayette and Stillson school district residents
English Lutheran Church
20588 Cty. Hwy. X, Chippewa Falls, 715-723-4231
Open 3rd Saturday from 10:00 - 11:30 am

Ruby's Pantry for Chippewa Falls

(Open to all with a \$25 donation)
Chippewa Valley Bible Church - 531 E South Avenue,
Chippewa Falls, 715-723-2827.
Open 3rd Tuesday of month from 2:30 p.m. - 5:00 p.m.

Stanley Food Pantry

Our Savior's Lutheran Church, Stanley, 715-644-0644
147 East 4th Avenue, Stanley
Open 1st Thursday, 4:00 - 6:00 p.m.

St. Francesca Resource Center Food Pantry

Corner of Allen and High Streets (in the back of the old Notre Dame school), Chippewa Falls
Open: Tuesday from 9:00 am - 1:00 pm; 4:00 pm - 7:00 pm.
Can visit every 2 weeks. Bring a box or bags.

Valley Vineyard Food Pantry

910 Bridgewater Avenue, Chippewa Falls, 715-828-6479
Open: Tuesday and Thursday from 5:00 pm - 7:00 pm

* Home Delivered Meals

ADRC - Meals on Wheels

715-738-2590
Delivered hot meals for homebound individuals aged 60+ living outside the city limits of Chippewa Falls. If living within city limits, see Mobile Meals.

Chippewa County Nutrition Program

715-726-7777

Go Getters – Bloomer Area Food Pantry

715-568-3733
Volunteer grocery shoppers for people with health concerns or transportation issues.

Mobile Meals

715-723-0486
Available to Chippewa Falls residents (within city limits) who are unable to prepare their own meals due to aging or health related issues.

* Housing Maintenance Fuel Assistance

All Star Mobility
715-598-7511

Chippewa County Economic Support (fuel assist), Chippewa Falls
715-726-7840

Housing Authority
715-726-7933

Seniors Helping Seniors
715-514-4511

Tomorrow Home Foundation
(Manufactured/Mobile Homes)
608-255-3131

USDA Rural Development
715-635-8228

West Cap
715-726-7840

WisLoan
1-866-419-1260

* Adult Day Care

Adult Day Care of Chippewa Valley, Altoona, 715-832-8811

Grace Adult Day Services
Chippewa Falls, 715-738-1925

Hopes & Dreams Adult Daycare
Cadott, 715-289-5300

Rellim Senior Day Care
Eau Claire, 715-600-0746

* Homeless Resource

Starting Points - Chippewa Falls 715-726-7937

* Dining Options

Bloomer
Bloomer Sunday Social Supper
715-568-3612
2121 Duncan Road
Distribution: 2nd Sunday at 4:00pm

Cadott
Nutrition – Come Now and Eat
215 East Seminary Street
715-289-4521
Distribution: 4th Wednesday
4:30pm - 6:00pm

Chippewa Falls
Agnes' Table -
Trinity United Methodist Church
201 W. Central Street
715-861-3892
Free hot meal. Social Hours:
3:30 p.m. - 5:00 p.m. Dinner Served
Tue/Thurs. 5:00 - 6:30 p.m.

Barnabas Christian Coffee House
19 W Spring Street
715-404-5330
Open Monday, Wednesday, and
Friday 5:30 pm - 6:30 pm

Chippewa Falls Area Senior Center
1000 East Grand Avenue
715-579-2896
Call for more information

We Care Sunday Meal
Our Saviour's Lutheran Church
1300 Mansfield Street
715-723-6048
Serving: Last Sunday of each month.

Cornell
Contact ADRC for Senior Dining Information
715-726-7777



* Home Care

(Skilled Licensed Nursing Services)

Almost Family
715-831-0631 almostfamily.com

Appeal to Heaven
715-379-7889

Interim Healthcare
715-834-1313

**Mayo Clinic Health System -
Home Health & Hospice**
715-831-0100/1-800-236-8408

Moore's Genuine Care
715-286-2734

Recover Health
715-598-5600

St. Croix Home Care and Hospice
715-598-2635

* Home Care

(Supportive Non-medical)

Almost Family
715-831-0631
almostfamily.com

Appeal to Heaven
715-379-7889

Aurora Community Health
715-235-3707

**Home Instead – Senior Care/
Non-Medical Eldercare**
715-941-4717

Interim Healthcare
715-834-1313

Seniors Helping Seniors
715-514-4511

Visiting Angels
715-598-1750

* Assisted Living

****Designates Memory Care Facility**

Aggie's Country Living
Bloomer, 715-288-6333

Care Partners - Country Terrace
Bloomer, 715-568-9140
carepartners-countryterrace.com

Care Partners - Country Terrace
Stanley, 715-644-3444
carepartners-countryterrace.com

**Chippewa Manor Residential
Center**
Chippewa Falls, 715-726-2123

Comforts of Home
Chippewa Falls, 715-598-8031

Home Suite Home
Chippewa Falls, 715-726-1113
homesuitehomeonline.com

**** Lake Hallie Memory Care**
Chippewa Falls, 715-738-0011
lakehalliememorycare.com

Lakehouse Chippewa Falls
Chippewa Falls, 715-201-4524
lakehousechippewafalls.com

Meadowbrook of Bloomer
715-568-2503

Midwest Gratus
Chippewa Falls, 715-861-5320

Our House Assisted Care
Chippewa Falls, 715-723-6840

****Our House Memory Care**
Chippewa Falls, 715-723-6037
ourhousesl.com

**** Dove Healthcare - Rutledge
Home Assisted Living &
Memory Care**
Chippewa Falls, 715-723-5566
rutledgehome.com

****The Homeplace of Stanley,
Mondovi, Durand & Dorchester**
715-644-2137
thehomeplaceof.com



* Independent Living

Subsidized

***Bridgewater Apartments**
Chippewa Falls, 715-834-2691

***Grace Parkside Apartments**
Chippewa Falls, 715-832-1174

***Grandview Apartments**
Cadott, 715-834-3411

***Lake Como Home II**
Bloomer, 715-834-3411

***Lakeview Apartments**
Bloomer, 715-834-3411

***Moon Park Apartments**
Stanley, 715-282-4949

***Northern Apartments**
Chippewa Falls, 715-723-7875

***Park Ridge Apartments**
Boyd, 715-723-7552

***Ravenswood Apartments**
Cornell, 715-834-3411

***Romeis Millstream Apartments I and II**
Chippewa Falls, 715-723-7552

***Shoe Factory Apartments**
Chippewa Falls, 715-726-0586

***Southridge Apartments**
Cadott, 715-723-7552

***Squire Drive Apartments**
Cornell, 715-834-3411

***Stanley Court Apartments**
Stanley, 715-289-4755

***Sunrise Village**
New Auburn, 715-726-7933

***Sunset Homes**
Stanley, 715-644-5755

***Westside Apartments**
Bloomer, 715-834-3411

* Independent Living

Non-Subsidized

Auction Mart Apartments
Stanley, 715-726-7933

Cadott Country Apartments
Cadott, 715-289-4755

Chippewa Manor Residential Living Center
Chippewa Falls, 715-723-4437

Homestead Village Senior Apartments
Chippewa Falls, 715-726-9664

North Town Apartments
Cadott, 715-579-5179

Northland Apartments
Chippewa Falls, 1-800-432-5755

Parkview Apartments
Bloomer, 715-568-5446

St. Joseph's Apartments
Chippewa Falls, 715-723-5828

Stanley Country Apartments
Stanley, 715-644-6702

The Landing
Chippewa Falls, 715-861-7753

* Skilled Nursing

Chippewa Manor Nursing Home
Chippewa Falls, 715-723-4437
chippewamanor.com

Cornell Health Services
715-239-6288
northshorehc.com

Dove Healthcare
Bloomer, 715-568-9770
dovehealthcare.com/bloomer

Dove Healthcare - Regional Vent Center
Chippewa Falls, 715-723-9341
dovehealthcare.com

Mayo Clinic Health System Chippewa Valley - Maplewood Nursing Home
Bloomer, 715-568-2000
mayoclinichealthsystem.org

WI Veterans Home at Chippewa Falls
715-720-6775
wisvetshomes.com

* Senior Housing Advisor

Assisted Living Advisors - Jenny Swanson
715-210-4066
assistedadvisors.com

FALL CREEK COMMONS

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Comprehensive Retirement Planning: A Key to Financial Security

By Cole Bruner, President of Buska Wealth Management

Retirement planning is essential for achieving financial independence and a comfortable lifestyle during retirement. It involves saving, managing risks, investing wisely, and ensuring a steady income after leaving the workforce. Here's how to approach retirement planning:

1. Setting Clear Retirement Goals

Begin by defining your retirement goals. Ask yourself: When do you want to retire? What lifestyle do you envision? Do you want to travel, maintain a certain standard of living, or cover healthcare costs? Clear goals will guide your savings and investment strategies, helping you determine how much money you'll need.

2. Assessing Your Current Financial Situation

Understand your current financial standing before creating a plan. Calculate your net worth, review income and expenses, and examine your debt obligations. Are you already saving for retirement through accounts like a 401(k) or IRA? Knowing where you stand will provide a baseline for the amount you need to save and invest to reach your goals.

3. Creating a Savings and Investment Strategy

With an understanding of your financial situation, start building a savings and investment strategy. The earlier you begin, the more your money can grow with compound interest. Contribute to retirement accounts, such as a 401(k), IRA, or Roth IRA, which offer tax advantages.

Choosing the right investments is crucial. Stocks, bonds, and real estate are common options, but the best mix depends on your risk tolerance, time horizon, and goals. Younger individuals can allocate more to stocks due to their longer time to recover from market fluctuations. Those closer to retirement may focus on more conservative, low-risk assets.

4. Planning for Healthcare Costs

Healthcare is a significant concern in retirement. While Medicare covers many healthcare expenses for those over 65, it doesn't cover everything. Plan for out-of-pocket costs, including premiums, copayments, and long-term care. Consider long-term care insurance or a health savings account (HSA) to cover additional medical expenses.



5. Tax Planning for Retirement

Understand the tax implications of your retirement savings and withdrawals. Contributions to 401(k)s and traditional IRAs are tax-deferred, meaning taxes are paid when funds are withdrawn. Roth IRAs offer tax-free withdrawals, provided certain conditions are met.

How you withdraw funds is also important. Consider withdrawing from taxable accounts first to allow tax-advantaged accounts to continue growing. A tax advisor can help minimize your tax burden.

6. Building an Estate Plan

A comprehensive retirement plan should also include estate planning. Create a will, set up trusts, and designate beneficiaries for your accounts to ensure your assets are distributed according to your wishes. Estate planning helps minimize estate taxes and avoid lengthy probate processes.

Comprehensive retirement planning involves more than just saving. It's about setting goals, understanding your financial situation, investing wisely, and planning for healthcare, taxes, and asset transfer after death. Starting early provides more options and flexibility, helping you create a secure and fulfilling retirement.

Home Care

	Medicare Accepted	Medicaid Accepted	Private Pay Accepted	Long-Term Care Ins.	VA Payments	State Licensed	Wound Care	Home Modification	Home IV Care	Wound V.A.C.	Injection Care	Blood Draws	Private Duty	Durable Med. Supplies	No Age Limitation	Occupational Therapy	Physical Therapy	Speech Therapy	Respiratory Therapy
Appeal to Heaven 715-379-7889	No	No	Yes	Assist	No	No	Yes	No	Yes	Yes	Yes	Yes	No	No	Yes	No	No	No	No
Clearwater Assisted Living 715-492-0311	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No
Cornerstone Caregiving 534-444-9021	No	No	Yes	Yes	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No
Village Caregiving 715-492-0191	No	No	Yes	Yes	Yes	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No
Visiting Angels 715-598-1750	No	No	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No

The Helping Hands Guide does its best to put together the most accurate information for these listings. Because business services change and prices vary throughout the year, we recommend that you call any business you are interested in getting information from before making any decisions. We tried our best to gather all of the information from each company and to the best of our ability is up-to-date as of January 2025.

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.....

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Total Care Services

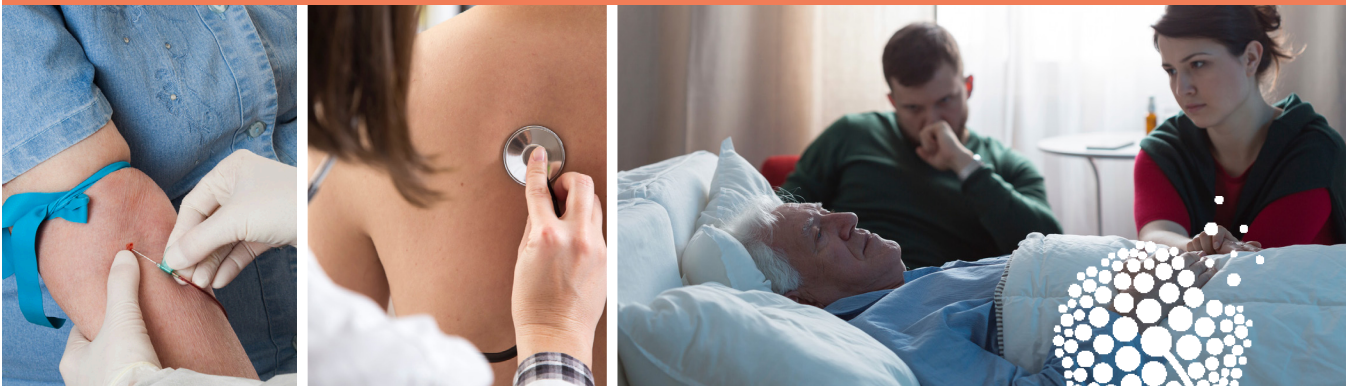
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Assisted Living

**** Chippewa County**

	Type (AFH, RCAC, CBRF)	Monthly Cost Range	Subsidized	Private Units	Scheduled Transportation	Alzheimer's/ Memory Care	Respite Care	Call System	Diabetes Mgmt.	Rehab Services	24/7 On-Site Care	Nurse On-Site
Apple Valley Home 715-835-5141	AFH	Call	No	Yes	Yes	No	No	Upon Request	Yes	Call for Rehab	Yes	No
Cambridge Senior Living 715-577-8418	CBRF	Call	No	Yes	Assist With	Yes	Call	Yes	Yes	Contracted	Yes	Yes
Caretta Senior Living - Assisted Living 715-317-5239	RCAC/ CBRF	Call	No	Yes	Yes	Yes	Yes	Yes	Yes	Contracted	Yes	Yes
Chippewa Manor Living Services** 715-723-4437	RCAC	Call	No	Yes	Assist with	No	No	Yes	Yes	Yes	Yes	Yes
Comforts of Home** 715-598-8031	RCAC	Call	No	Yes	Assist with	No	Yes	Yes	Yes	No	Yes	Yes
Dove Healthcare-Barron Assisted Living 715-537-1151	RCAC	Call	No	34	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-Bloomer Assisted Living** 715-568-2716	RCAC	Call	No	24	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare - Orchard Hills Assisted Living 715-930-6000	CBRF	Call	No	40	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-Osseo Assisted Living 715-597-2493	RCAC	Call	No	40	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare - Rutledge Home** 715-723-5566	CBRF	Call	No	42	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
HeatherWood Assisted Living 715-552-5511	RCAC	Call For Rates	No	31	Yes	Yes	Yes	Yes	Yes	Contracted	Yes	Yes
Heatherwood Memory Care "The Glen" 715-552-5511	CBRF	Call For Rates	No	8 Apts.	Yes	Yes	Yes	Yes	Yes	Contracted	Yes	Yes
Lake Hallie Memory Care** 715-738-0011	CBRF	Call	No	60	Assist with	Yes	Yes	Yes	Yes	Contracted	Yes	Yes
Lakehouse Chippewa Falls** 715-201-4524	RCAC	Call	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes
Meadowbrook at Bloomer** 715-568-2503	RCAC	Call For Rates	Yes	Yes	Assist with	No	Yes	Yes	Yes	Yes	Yes	Yes
Oak Gardens Place 715-793-0205	RCAC	Call	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes

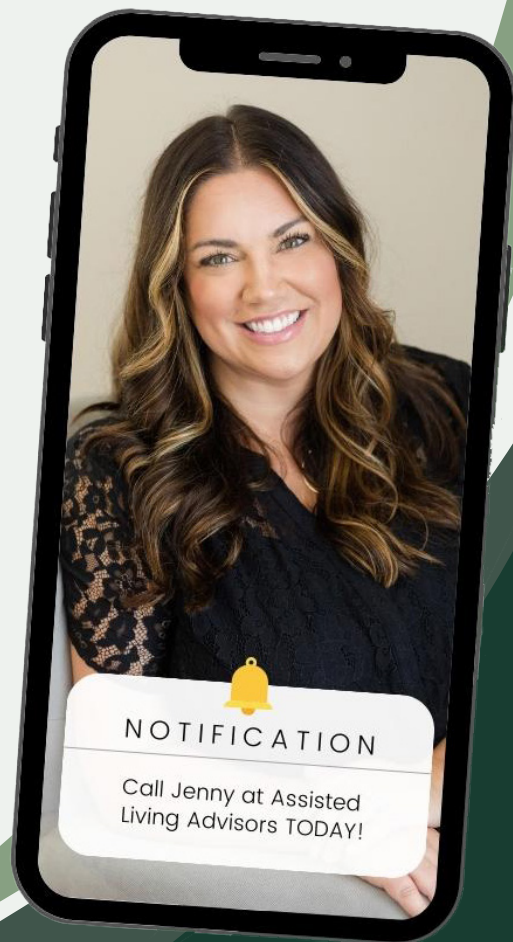
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	Total Beds	Medicare	Medicaid	Daily Cost Range	Respite Care	Hospice Contract	Respiratory Care	IV Therapy	Palliative/End-of-Life Care	Transportation Services
Chippewa Manor Nursing & Rehabilitation 715-723-4437	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Cornell Health Services 715-239-6288	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-Bloomer 715-568-9770	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-Osseo 715-597-2493	40	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-Rice Lake 715-234-2604	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-South Eau Claire 715-552-1035	50	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare-West Eau Claire 715-552-1030	70	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Dove Healthcare- Regional Vent Center 715-723-9341	31	Yes	Yes	Call	Yes	Yes	Yes	Yes	Yes	Yes
Wisconsin Veterans Home at Chippewa Falls 715-720-6775	72	Yes	Yes	Call	Call	Yes	Yes	Yes	Yes	Yes

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between 3 regions: Eau Claire, Rice Lake and Roberts. Additionally, we earned #1 **Best Assisted Living Provider in the Volume One Best of the Chippewa Valley Reader's Poll of 2024!** Our care is uniquely tailored to serve adults with disabilities, as well as elderly adults who require specialized senior care. Our goal is to provide our clients with the skills and care necessary to live a fulfilling life.

What do our services entail? Our scope of services include teaching and mentoring individuals on daily living skills, interpersonal skills and providing the strategies for our clients to meet their long-term goals. We provide community integration, daily living skill development, socialization, transportation, medication and appointment management, personal care, emotional support and 24/7 on-call support for emergencies. Our services are unique because they encompass an array of skills and education that don't get excluded based on an initial care plan. Our services develop and change over time, just as our clients and their needs do!

Clearwater Assisted Living works with clients to develop a care plan that meets their goals - the most important goal being the ability to continue living independently. Our team at Clearwater works extensively to identify client needs and find solutions that assist them in maintaining their independence. Clearwater works to provide resources in the community that clients can take advantage of to improve their quality of life. This

consists of free legal services, food pantries, housing resources, career development and much more.

What makes Clearwater different? Our teams strive to promote our core values - **Integrity, Trust and Quality** in our jobs each day. From our direct support professionals to our program managers, our number one priority is our clients. These core values are important because we have to remember that we are coming into their homes and their lives. Accepting change and help can be challenging for anyone, no matter the situation. Therefore, the relationship we develop with our clients is paramount to all of us at Clearwater Assisted Living! Please reach out to Macie at 715-598-8867 to get started with enrolling in our premier in-home care services or if you have any questions!

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Being a Caregiver to a Sibling *By Becky Streeter*

When we think of caregivers, the first image that comes to mind is child-parent or spouse-to-spouse. These are perhaps the most common forms of caregiving, however, there are many siblings in this world that care for the physical, emotional and mental needs of their brothers or sisters. And sibling-sibling care is expected to become more of a norm in the future.



As we age, we accept the notion that we might someday have to care for an elderly parent, but the role of caregiving for a sibling is not always anticipated. It may come in the form of an aggressive diagnosis or a debilitating accident—something that leaves the sibling at the mercy of needing daily assistance. If there is no other family around to help, that duty can fall to a brother or sister.

Additionally, modern medicine is continually finding ways to increase life expectancy for those with mental and physical disabilities. Under normal circumstances, this is great. However, an aging parent who was the primary caregiver for their child in the past might find that they are no longer the best fit for that role. The role then often falls to the sibling.

Sibling-sibling caregiving comes with unique stressors. If the sibling still has cognitive function, they might experience a range of emotions from frustration and rage because of their new situation, to jealousy of the caregiving sibling's independence and health. The new caregiver can often feel forced into the role and simultaneously feel guilty for not wanting the responsibility. The need for care often occurs around midlife, when the caregiver sibling is unprepared financially and probably extremely busy with their own significant responsibilities such as family and work. The caregiver may be required to spend more time with their sibling than forming and developing other key relationships in their life.

If you know you might need to take on the role of primary caregiver for a sibling someday, planning is key. If possible, start having conversations with the current caregiver sooner rather than later. It can be uncomfortable to have end-of-life conversations, but when another life is dependent on

the elderly caregiver, this conversation is essential. Family dynamics can be tough to mitigate, so consider bringing in a professional such as a therapist or healthcare advocate who can help keep everyone's best interests in mind.

Research group living facilities if that might be an option. So much depends on the illness, insurance, willingness of the sibling and financial means of those involved. Also keep in mind that abuse in a group home can be hard to detect, especially among those with intellectual disabilities.

Other resources for sibling caregiving include:

- Sibling Leadership Network - <https://siblingleadership.org>
- The Sibling Support Project - <https://siblingssupport.org>
- The Caregiver Action Network - <https://www.caregiveraction.org>
- The National Alliance for Caregiving - <https://www.caregiving.org>

As with any type of caregiving, make sure to care for yourself, too. You need and deserve support and rest. Find friends and groups who will listen to and support you. Give yourself a day off, or treat yourself to something nice, even if it's just alone time with a good book. And most importantly, give yourself grace.

Sources: Barrett-Ibarria, Sofia. "What to Expect When You Become a Sibling's Sole Caregiver." Vice. 9 April 2018. <https://www.vice.com/en/article/gymw7m/what-to-expect-when-you-become-siblings-sole-caregiver>.



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